Swami Anubhavanandaji is a spiritual leader and the direct disciple of Swami Chinmayananda. A scholar in the field of Vedanta, Swamiji is revered for his lively discourses on the Bhagavad Gita, Upanishads, Srimad Bhagvatam, Patanjali Yoga Sutras, Panchadasi, Amrutanubhav, Vidyan Bhairav, Vedanta Bhupali, and the Tripura Rahasya. He is the author of many books related to the field of Vedanta and has produced over 2,000 hours worth of discourses for his audio cassettes sold world wide. A prolific speaker, he has to his credit over 250 Geeta Gnana Yagnas (spiritual discourses on the Bhagvad Geeta) and other Vedantic texts. Swamiji has also been honored by the Intercultural Open University Foundation of the Netherlands for his treatise "Chinmayi," which is a scholarly commentary on Amrutanubhav of Sant Gyaneshwar.

He has also been invited by several well-known organizations, such as Parle Biscuits, Bankers Training College (RBI), Yash Pharma, Tata Consultancy Services, Ahmedabad Management Association, and Crompton & Greaves Ltd. to conduct Management Seminars. Swamiji is the founder of the Sat Bhavana Trust, whose logo reflects his approach to life: Be Happy or "Mauj Mein Raho." Known for his ability to communicate philosophically complex ideas in a simple and direct manner, Swamiji addresses his audience from the heart and transports them to an atmosphere of joy.