Daniel Mintie is a cognitive-behavioral therapist, educator and best-selling author based in Taos, New Mexico and available for consultation globally over the worldwide web. He has 28 years experience treating children, adults and couples. His areas of specialization include the skilled, compassionate treatment of:
* Trauma
* Anxiety
* Depression
* Relationship Problems

Mr. Mintie has advanced training in cognitive-behavioral therapy, clinical hypnosis, EMDR and mindfulness practice and a lifelong interest in mind-body approaches to wellness. He teaches CBT at Georgetown University, the University of New Mexico, the Mountain View California based Feeling Good Institute and at other universities and training centers worldwide. His book "Reclaiming Life After Trauma" was published by Healing Arts Press in 2018 and quickly became an Amazon best-seller.